Meet the family medicine practitioners

Dosher Medical-Oak Island
4700 E. Oak Island Blvd., Oak Island / 910-278-6414

G. Thomas Holland, MD
Earned a Doctor of Medicine degree from University of North Carolina, Chapel Hill. He served as an intern and residency at Naval Hospital, Charleston, S.C. He is board certified in family medicine and joined Dosher in 1998.

Boiling Spring Lakes Family Medicine
3599 George II Highway, Southport / 910-845-3244

Heather Lyles Goldfuss, PA-C
Earned a Physician Assistant degree from Medical University of South Carolina, Charleston. She is certified in basic life support, advanced life support, and pediatric life support. She joined the medical staff at Dosher in 2016.

Karen E. Wood, MD
Earned a Doctor of Medicine degree from Jefferson Medical College, Philadelphia. Dr. Wood served an internship and residency at Abington Memorial Hospital, Pa. She joined the staff at Dosher in 2002. Dr. Wood is board certified in family practice.

Brunswick Family Medicine
3960 Executive Park Blvd., Suite 600, Southport
910-454-4343

Domingo A. Palagruzo, II, DO
Earned a Doctor of Osteopathy degree from Philadelphia College of Osteopathic Medicine, Pa. Dr. Palagruzo served an internship and residency at Warren Hospital, Phillipsburg, N.J. He is board certified in family medicine and joined the Dosher Medical Staff in 2001.

Dosher Medical-Southport
906 N. Howe St., Southport
910-454-1166

Slade Suchecki, DO
Earned a Doctor of Osteopathy degree from Pikeville College School of Osteopathic Medicine, Ky. Dr. Suchecki served an internship and residency at New Hanover Regional Medical Center, Wilmington. He is board certified in family medicine. Dr. Suchecki joined the Dosher Medical Staff in 2006.

Dosher Wellness Center
3009 Medical Plaza Lane, Southport
910-454-1234

Jessica D. Bocook, DO
Earned a Doctor of Osteopathy degree from Pikeville College School of Osteopathic Medicine, Ky. Dr. Bocook served an internship and residency at Saint Elizabeth Family Practice Residency, Edgewood, Ky. Dr. Bocook joined Dosher in 2010. She is board certified in family medicine.

Kristos Vaughan, DO
Earned a Doctor of Osteopathy degree from Edward Via College of Osteopathic Medicine, Blacksburg. Dr. Vaughan served a residency at Shenandoah Valley Family Practice Residency, Front Royal, Va. He is board certified in family medicine and joined Dosher in 2015.

Leigh Vaughan, DO
Earned a Doctor of Osteopathy degree from Nova Southeastern University College of Osteopathic Medicine, Davie, Fla. Dr. Vaughan served a residency at Shenandoah Valley Family Practice Residency, Front Royal, Va. She joined Dosher in 2015. Dr. Vaughan is board certified in family medicine.

Sally Delmastro, RN, ANP-BC
Earned a Master’s in Nursing-Acute Care Nurse Practitioner degree from University of Cincinnati. She is certified in basic life support, advanced life support, and pediatric life support. She joined the Dosher staff in 2015.