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June 15, 2022
For immediate release

Drive-Through Food Donation Drive Set for July 20th

Donations are for the benefit of food pantries and organizations within Brunswick County who serve high need areas.

SOUTHPORT—Doshier Memorial Hospital, in partnership with the Brunswick Wellness Coalition (BWC), will host a drive through food donation event to benefit identified high need areas within Brunswick County. Donors may drive up to the hospital front entrance on Wednesday July 20th between the hours of 9:00 am and 1:00 pm to drop off healthy, non-perishable food items to members of hospital and BWC staff, who will coordinate distribution to local food pantries through South Brunswick PORCH and other non-profit organizations that promote access in nutritious foods. Items of particular need are:

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- 1 lb. boxes of whole grain pasta
- Canned fruits no sugar/packed in water
- Fruit & vegetable juices, no added sugar
- Low sugar granola bars and fruit snacks
- Low sodium canned beans or soups
- Canned tuna and chicken packed in water/low sodium
- Natural applesauce
- Oatmeal
- Rice (Brown or whole grain)
- Gatorade (low/no sugar)
- Pudding (Sugar Free)
- Bottled water
- Cereals (whole grain/low sugar)
- BOOST drinks
- Jelly (low/no sugar)
- Nut butters/no added sugar & low salt (no glass jars, please)

- Healthy snacks for children (low sodium chips, veggie chips, fruit cups)

BWC Executive Director, Dr. Leigh Lane, said, “There is a high need for food pantry supplies during the summer due to pantries compensating for meals children receive at school. Not only will the donation drive at Doshier fill a need in food insecure communities, but it will also promote access to healthy foods, including the daily recommendation of 5 servings of fruits and vegetables.”

About Doshier:

Doshier Memorial Hospital in Southport operates a network of medical and surgical services in our local area. In addition to hospital and surgical services, Doshier runs six primary care clinics, a seasonal clinic on Bald Head Island, a Convenient Care, a general surgery practice, and a women’s health clinic. For more detailed information on our service lines, visit our website at Doshier.org.

About Brunswick Wellness Coalition:

The Brunswick Wellness Coalition is a united group of individuals and health-minded leaders with the mission to improve the health of the Brunswick County community, and the vision of becoming the healthiest county in North Carolina. BWC is funded through Healthy People, Healthy Carolinas, an initiative of The Duke Endowment. To learn more, visit the website: brunswickwellness.org or Facebook: [@BrunswickWellness](https://www.facebook.com/BrunswickWellness).

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