Hello From Dosher Foundation!

Welcome to a new edition of “Foundation Focus”. The Foundation Newsletter, which is near and dear to my heart, will allow you to be the first to know what’s new at the hospital and to see the projects and improvements that your donations help fund. By sharing stories, photos and information, it is my hope that you feel connected to the Foundation. If you have any questions or would like to share feedback on how I can improve Foundation communication, please do not hesitate to call me at (910) 457-3936 or email: foundation@dosher.org. Enjoy the Newsletter!

Toni McAndrews, Foundation Development Specialist

Foundation Appoints New Board of Directors

Joe Agovino
Beckie Armstrong - Welcome
Lucinda Arnold - Welcome
Barbara Boland, Past Chair
Robert Breining
Tom Cavanaugh - Secretary
Craig Chancellor, Vice Chair
John Erwin
Libby Featherston - Welcome
Jwantana Frink
Tish Hatem
Dr. Brad Hilaman, CEO/CMO
Trisha Howarth
Joyce John, Treasurer
Randy Jones
Kathy McConnell - Welcome
Carrie Moffett - Welcome
Adam Powell
Ed Rau - Welcome
Susan Rabon
Jeri Robinson
Melody Ryan, Chair
Maurice Smith
Lynda Stanley, Hospital/Foundation President

How to Reach the Dosher Foundation
Dosher Memorial Hospital Foundation, 924 N. Howe Street, Southport, NC 28461
(910) 457-3936  Email: foundation@dosher.org
We were thrilled by the record turnout at the April 26, 2021 Operation Medicine Cabinet, Dosher’s semi-annual drug disposal event. Vehicles and pedestrians drove or walked by the front entrance to drop off medications from 730 households, which accounts for the largest-ever community participation for this event. Dosher staff collected 3648 ml of narcotic liquids and 30,953 narcotic pills during the four hour drive through medication drop off, the most substantial collection amount in the history of the event. This means that there are 3648 ml of narcotic liquids and 30,953 narcotic pills less likely to get into the wrong hands or in our water supplies. We appreciate your responsible disposal of medication, and we thank the Southport Police Department and the Brunswick County Sheriff’s Office for partnering with us to make this event successful. The next medication drop off event is scheduled for Thursday October 7, 2021, at the hospital front entrance.

Thank you for Supporting the Annual 2021 Gala! As always, we are extremely grateful for your continued support of the mission and work of Dosher Hospital. As with last year, in light of the Coronavirus pandemic, the 2021 Gala was again held as a non-event. Your investment in Dosher has helped us care for our community for 91 years. Thank you for being a part of the legacy of Dosher Hospital, its compelling past, its notable present, and its bright future. We look forward to holding an in-person Gala in April 2022!

Hospital Trivia: The Human body has more than __________ muscles.
Answer on page 4

Did You Know?

Shop Amazon and Dosher Foundation Benefits!

What is AmazonSmile?
Every time you shop, 0.5% of your purchase benefits Dosher Hospital Foundation

Signing up is easy!
- Visit smile.amazon.com
- Go to your account at top of page to sign up OR
- Change your Charity
- The Dosher Foundation is listed as: 3 Arthur Dosher Memorial Hospital Foundation

With our patient centered focus and dedication to quality and safety, an ISO 9001 certification is a way for Dosher to formalize this commitment and to ensure continual improvement of our quality management system.

The ISO 9001 standard provides specific framework which will enable us to enhance our ability to consistently deliver care that meets patient needs and make sure that every process within the organization is executed according to the highest standards.
Members of Dosher’s Therapy Services Team presented a program on stroke awareness at a recent Dosher Foundation Board meeting. One of the main points of conversation is that there are risk factors that we CAN control when it comes to preventing a stroke. The Dosher Therapy Team works with patients who have suffered a stroke to help them through the rehabilitation process. Speech therapy, physical therapy, and occupational therapy may be included in the treatment plan. The Therapy Team is here for you, however they encourage you to talk to your doctor to assess your personal risk factors BEFORE a stroke occurs. For more information please call Therapy Services at (910) 457-4705.
Mark Your Calendar!

**July**
Healthy Vision Month  
Juvenile Arthritis Awareness  
Sarcoma Awareness  
UV Safety Awareness  
World Hepatitis Day (July 28)

**Aug**
Children’s Eye Health  
Gastroparesis Awareness  
National Immunization Month  
National Breastfeeding Month

**Coming in October!** The Annual Dosher Golf Classic Tournament.  
Visit our Facebook page and website for updates!  
Facebook: @DosherMemorialHospital  
Website: www.dosher.org

The 2nd & 4th Wednesday of the month are “The Total Joint Experience.” Sessions are the second and fourth Wednesdays of every month 11 a.m. to noon, in the second floor conference room at the hospital. For more information, call our Nurse Navigator for Total Joint Replacements at (910) 457-3944.

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**Recurring Monthly Giving**
It’s easier than you think......

- Become Involved in Your Community by Giving Back
- You Decide What Fits Your Budget
- Monthly Giving is Easy!

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**GIVE A LITTLE, HELP A LOT!**

- Dosher.org/Foundation  
- Toni McAndrews 910-457-3936  
- mailto: antonette.mcandrews@dosher.org

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**Check out the Brunswick Wellness Coalition Health Hacks:** A cooking, nutrition, and physical activity education program. Attendees learn ways to live healthier through practical tips and "hacks". It’s free to attend and no pre-registration required.  
Participants get a free t-shirt.  
2nd Monday each month 6:00pm  
*Live on Facebook @BrunswickWellness

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**Please Consider Donating Today**  
Call (910) 457-3936 for more information

- Your donation funds needed hospital equipment such as cardiac machines, x-ray machines, treadmills and software
- You can designate where your donation is to be used or it can be put to good use in the Greatest Need Fund
- Your donation is tax deductible

You can give annually or make a recurring donation (we’ll set it up for you). There are a variety of methods by which you can make a contribution to the future of healthcare through the Dosher Hospital Foundation.

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**Hospital Trivia Answer:** The Human body has more than 650 muscles.  
Source: https://www.healthline.com
Where Your Donation is Needed

Greatest Need Fund:
Contributions will be put to valuable use where the greatest need is at the time of the contribution.

Equipment Fund:
Contributions purchase or assist in funding the purchase of medical equipment for the hospital.

Scholarship Fund:
Contributions financially benefit students pursuing careers in healthcare.

Other Funds:
Contributions can be given to a department or service of the hospital, as requested by the donor.

A group of thoughtful individuals from Trinity United Methodist Church in Southport prepared lunch for the Dosher Hospital staff and members of other local first responder organizations. Lynda Stanley, President of Dosher Memorial Hospital and Foundation, said, “We are extremely grateful for all the ways our community has supported Dosher since the onset of the COVID pandemic. We are touched that Trinity UMC of Southport took on the task of feeding the hospital staff and our local first responders as a way to say thank you.”

Thank you Trinity UMC of Southport, the Southport Food Lion, and Party Time of Southport for contributing to this beautiful testament to frontline workers.

Here’s an Idea!

HOST AN EVENT
THAT BENEFITS THE DOSHER FOUNDATION
PERFECT FOR LOCAL BUSINESS OR FOR AN INDIVIDUAL TO HOST AT HOME, HOLD A DATE NIGHT, WINE AND CHEESE PARTY, PIZZA FUNDRAISER, OR OTHER CREATIVE GATHERING, WHERE A PORTION OF THE SALES ARE DONATED TO THE HOSPITAL.

We know how much you look forward to Dr. Ward's topic talks every Monday. Mark your calendar: Every Monday at 11:30 a.m. on Dosher’s Facebook page: @DosherMemorialHospital

Mondays
On Facebook Live

1 Physician | 1 Topic | 2 Minutes

Join Dosher Family Medicine Physician Dr. Sarah Ward every Monday at 11:30 am on Dosher Memorial Hospital's Facebook page for a "Live" 2-minute topic talk about a relevant health issue.

Dr. Ward is currently accepting new patients at Dosher Medical - Atlantic Avenue. Call 910-454-4635 or go to Dosher.org/DrWard for more information.